

SHEPHERD UNIVERSITY FRATERNITY & SORORITY LIFE

*The Official Newsletter from the
Office of Fraternity and Sorority Life*



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VOLLEY FOR A CURE

All-Greek Council hosted a volleyball tournament to raise money for fellow Ram, Taylor Schweinbraten, who was recently diagnosed with a rare form of cancer. Teams were made up of members of fraternity and sorority life, as well as the local community. The event raised \$258 for Taylor and her family.



Musselman volleyball team (first place) pictured with Lambda Chi Alpha (second place) after the championship match.



SERVICE SPOTLIGHT

**AT SHEPHERD UNIVERSITY,
SERVICE IS THE NORM NOT THE
EXCEPTION.**

Shepherd University Relay for Life hosted its 16th annual spaghetti dinner fundraiser on Tuesday, March 3.

Volunteers from all across campus and the community came to support the event, and our fraternities and sororities were there start to finish, helping the Relay for Life committee clean, set up, serve food, collect funds at the door, and more.

LEADERSHIP ON THE GO



Theta Xi Gamma Alpha was well-represented by five members at the Newell District Leadership Academies. Ryan Lanham, Kyle Stump, Isaac Neidrich, and Vlad Ciuvica attended these academies to help prepare them for their officer positions. Justin Jennings attended these academies as well as a Peer Facilitator for Theta Xi, teaching the Operations Track to members. Read about their experiences below:

“I learned a lot at the academy and had an overall great experience. The best part was getting to hangout and network with the leaders from other chapters across the East Coast.”

– Ryan Lanham, Chapter President

“[It was an] amazing time with brothers I never knew before this weekend, and I learned a great deal from the awesome people who gave their time to host the conference and teach us valuable information.”

- Vlad Ciuvica

“What makes you a leader is when you inspire others by your example to do more, learn more, and become more.”

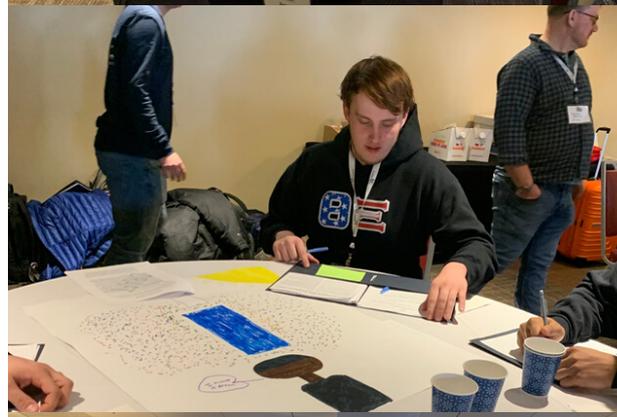
– Isaac Neidrich, Chapter Secretary

“Over the weekend at our leadership conference, I learned a ton of new and creative ideas to help me maximize my effectiveness as the scholarship chairman. We discussed methods that are being used at different chapters across our district, so we could share ideas that we could bring back to our own chapters.”

– Kyle Stump, Chapter Scholarship Chairman

“At the Newell District Leadership Academy, I had the distinct privilege of being an Operations Track facilitator. Over the weekend, I was able to help Theta Xi brothers in the Northeastern Region gain a better understanding of how to be successful Treasurers and Secretaries for their chapters. I loved every minute of this experience and genuinely hope I could have this experience again in the future.”

– Justin Jennings, Theta Xi Peer Facilitator





Supporting and celebrating womxn is a year-round responsibility—so is breaking down stereotypes against womxn. Our sorority members do just that. The photo series featured on the next page was taken in honor of Womxn's History Month and International Womxn's Day.



*Empowered
Women
Empower
Women*



Society says

Sorority girls only care about themselves but I volunteer on a weekly basis.



Society Says

Politics is a man's game, but I'm getting a Masters degree to work in policy.



Society says we "Have everything handed to us."

But I have two jobs with a full course load.



A Man told me that music is a man's job...

I'm proof he is wrong.



Society Says
Sorority girls are dumb but I have a 3.3 GPA



Society says

"Sorority girls are entitled", but I work hard for what I have.



Society says we should have many doctors, but I'm going to be one.



Society says working for the government is a man's job, but I have an internship with a government agency



LIFE AS A SORORITY CONSULTANT

by Bailey Funk, Fraternity & Sorority Life Intern

Fraternity and Sorority Life creates motivated, hard-working individuals, and once graduation approaches, we have the opportunity to step into a career. However, there is an option that many graduates do not know about or do not consider that could provide great experience and an easy transition between college and adult life: consultation. Members of the FSL community can decide to follow a post-graduate job through their Greek organizations as a traveling, remote, or regional consultant.

I sat down and interviewed a traveling consultant for Sigma Sigma Sigma, Greysen Lingg, who has been working for the sorority for the past year. She shed some light onto what it means to be a consultant, her experiences, and how it will help her in pursuing a future career.

Q: What made you decide that being a consultant is a job you wanted to apply for?

A: Initially, I applied to become a consultant the day before applications were due because I had no plan for after graduation. As I kept making it past each interview round, I started getting really intrigued about what the job entailed. It is only a year-long position, and I had the opportunity to improve chapters across the country for an organization very close to my heart.

Q: What are your day-to-day duties of your job?

A: My day-to-day duties vary on what the day asks for! Every Sunday, I travel to a new university across the country to help out with their chapter operations including finances, recruiting, and accreditation. Each day, I meet with different chapter officers and chairmen, university professionals, and chapter advisors. Each week, I hold a retreat workshop with anywhere from 8-200 members in attendance.

Q: What is the highlight of your job, or what keeps you going as you constantly travel?

A: The highlight of my job would be leaving a chapter better off than when I first arrived. When chapter members tell me the ideas we came up with together are influencing their chapter in a positive way, it's the best feeling.

Q: What is some advice you would give to an undergraduate who is looking into being a consultant for their Greek organization?

A: My best advice would be to be authentic and to use all of the leadership tools that your chapter has taught you throughout the years.

Q: Would you say that your job as a consultant has helped in your transition from college to adult life, or has it set you up to be successful?

A: Absolutely. I have so much more confidence since starting this job. I've learned professional skills like running a meeting, educating on harm reduction, and hosting workshops.

Consultation is a great way to further a career, learn more about your organization, and travel across the United States while meeting other members and chapters. Greysen advises that, "the biggest piece of advice I can say about having this job for the last 8 months is the importance of being patient and flexible because you could get asked to go to a different university with only a couple of days notice; any plans could change."

Now it's time to pave your own story, to lend a hand to chapters that need it, and to work with your National Executive Board to make your chapters the best they can be.



Greysen Lingg, Sigma Sigma Sigma Consultant

MEMBER NEWS

BEN HAINES, THETA XI, AND ILYNN BRENNAN, SIGMA ALPHA IOTA



Ben Haines, Theta Xi, and Ilynn Brennan, Sigma Alpha Iota, attended the West Virginia state tournament with the Shepherd University Debate Team. Ben was awarded Tournament Champion in Poetry Interpretation, 2nd place in Radio Broadcasting, 3rd place in Impromptu Speaking, 3rd place in Debate Speaker points, 4th place in Program Oral Interpretation, 6th place in Prose Interpretation, a debate Final Four, and 3rd place in Individual Sweepstakes. Ilynn was awarded 6th place in Poetry Interpretation, 3rd place in Program Oral Interpretation, 6th place in Individual Sweepstakes Award, 6th place in Extemporaneous, and 6th place in Dramatic Interpretation. The team, as a whole, won 2nd place in Debate Sweepstakes, 3rd place in Non-debate Sweepstakes, and 2nd place in Overall Sweepstakes. Congratulations Ben, Ilynn, and the rest of the Shepherd University Debate Team!



SARAH LEONGUERRERO, ALPHA SIGMA TAU

Sarah Leonguerrero, Alpha Sigma Tau, was crowned the 2020 and 2021 Cherry Blossom Princess for the Guam Society of America, an experience Sarah described as “an unforgettable and heartfelt moment that [I] will cherish forever.”

“I am super excited to represent the Society and the beautiful people and island of Guam in all cultural and educational events that I attend in the future!”

VIRTUAL ENGAGEMENT

During these uncertain times, it's easy to feel disconnected. The Office of Fraternity & Sorority Life is here to help you and your brothers/sisters maintain the strong sense of purpose, belonging, and friendship you've developed on our campus.

OPERATIONS

- Utilize RamPulse to centralize documents, run elections, upload pictures, post news articles, and more!

- Set a consistent time for virtual meetings, and opt for video chatting.

- Set clear agendas and outcomes for chapter and committee meetings.

- Utilize this time to plan ahead for summer and fall! Plan retreats, brother/sisterhood events, alumni get-togethers, etc.

- Consider doing one-on-one checkins with not only your members but also officers and find out their needs. Brainstorm ways you can best accommodate them.

SERVICE

- **Be My Eyes:** Be My Eyes is a free mobile app that connects blind and low-vision individuals with sighted volunteers and companies from all over the world through a live video call.

- **Charity Miles:** Download the app, choose a charity that matters to you (or your chapter), open the app, and help earn money for the charity of choice!

- **LibriVox:** Read books written before 1923 and convert them into AudioBooks!

- **Missing Maps:** Volunteers are asked to map some of the most vulnerable areas on Earth, so that crisis teams can respond whenever there is a natural or humanitarian disaster more efficiently.

- **School in the Cloud:** Have Skype sessions with children abroad to inspire them, provide guidance, answer general life questions, and provide encouragement.

BROTHER/ SISTERHOOD

- Post a daily inspirational quote or challenge for your members

- Create a chapter Snapchat, GroupMe, or Instagram group for funny pictures and videos to keep people smiling!

- Wear your letters! You may not be on campus but you can still have pride! Take a picture & post it with #WearYourLettersWednesday

- Play multiplayer games together through Xbox, PlayStation, Discord, and other forums.

- Send snail-mail—write letters, postcards, or start a “traveling” journal to pass around from member to member

For more ideas,
visit the Fraternity
& Sorority Life
website!

www.shepherd.edu/greek